


Prayer



Speaking with God

What is it?



How?

W.A.T.C.H
 W - Praise for WHO God is
 A - ASK for forgiveness
 T - THANKS
 C - CAST your cares
 H - HEAR from God

Pray by yourself or with your family. Write down what you pray about.

If you can't think of anything specific to pray for try using the W.A.T.C.H. method or say the Lord's Prayer.

Sunday	
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	

EXTRA TIME: Read Daniel 6. Daniel was a man of prayer. He had a habit to pray to God 3 times a day. How many times a day do you pray? Even though there was a law not to pray, Daniel continued to pray. If you were told not to pray, would you? What if your life depended on it? Nothing was going to stop Daniel praying. Would you be scared to be stuck in a cage with a lion? God saw Daniel's heart and he rewarded his years of faithfulness. Daniel is a great example of someone who really knew how to pray. Make a commitment today to talk with God every day! **MORE:** Who else in the bible was a faithful prayer?